

# Integrity



**Sub-Concepts Covered: Perseverance, Kindness**

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

In the Integrity Unit, students learn the value of acting and living with integrity. They will see real-life stories of integrity in action and get an opportunity to role-play stories about integrity and honesty. They will also learn about having a growth mindset and how to set SMART goals. The sub-concept in this unit is perseverance, and students will learn how to persevere through challenging situations, maintaining their integrity.

## Unit Objective

Students will:

- Analyze integrity through the lens of kindness.
- Analyze integrity through the lens of honesty.
- Analyze integrity through the lens of perseverance.
- Analyze integrity and perseverance through the lens of goal setting.

## Student Introduction

Welcome to the Integrity Unit! In this unit, you will get to see other kids in situations where they get to express their integrity through their words and actions. It is inspiring to see someone else act with integrity - being honest, working hard, choosing to do the right thing. Let this inspiration guide you in building your own ability to make good choices, be honest, persevere through challenges, and live a life of integrity!

- Making good choices
- Acting honestly
- Persevering through challenges
- Setting SMART goals

Let's get started with our first lesson!

## Unit Lessons

| Lesson Title                                      | Lesson Objectives  | Materials Required  |
|---|--|---|
| <b>Lesson 1</b><br>Integrity Through Kindness     | <ul style="list-style-type: none"> <li>Analyze integrity through the lens of kindness.</li> </ul>                      | <ul style="list-style-type: none"> <li>Computer or speakers to play the podcast and/or video</li> </ul> |
| <b>Lesson 2</b><br>Integrity Through Honesty      | <ul style="list-style-type: none"> <li>Analyze integrity through the lens of honesty.</li> </ul>                       | <ul style="list-style-type: none"> <li>Computer or speakers to play the videos</li> </ul>               |
| <b>Lesson 3</b><br>Integrity Through Perseverance | <ul style="list-style-type: none"> <li>Analyze integrity through the lens of perseverance.</li> </ul>                  | <ul style="list-style-type: none"> <li>Computer or smart board to show videos</li> </ul>                |
| <b>Lesson 4</b><br>Integrity Through Goals        | <ul style="list-style-type: none"> <li>Analyze integrity and perseverance through the lens of goal setting.</li> </ul> | <ul style="list-style-type: none"> <li>SMART Goal Planner (see lesson)</li> </ul>                       |

## Unit Projects

| Project Title                                | Project Overview   | Materials Required  |
|--|--|---|
| <b>Project 1</b><br>Inclusiveness Billboards | This unit is about integrity and highlighted a number of stories from the website Pass it On. The lessons utilize videos, podcasts, and billboards to demonstrate positive messages related to integrity, kindness, honesty, and perseverance. In this project, students will develop their own “billboard” that they can put up in different parts of the school. | <ul style="list-style-type: none"> <li>Large white paper or smaller poster-sized paper / brown or black paper to simulate the billboard frame and pole</li> <li>Markers</li> <li>Magazines for cut-outs</li> <li>Access to computers/printers if allowing students to locate images or other information</li> </ul> |
| <b>Project 2</b><br>Perseverance Bookmarks   | This project gives students an opportunity to offer encouragement to others and share messages of perseverance through student-designed bookmarks they will put in books in the school library and/or give to building teachers and staff.   | <ul style="list-style-type: none"> <li>Bookmark cut out (see attached)</li> <li>Markers or other coloring media</li> <li>Ribbon or yarn if you want students to put a tassel on their bookmarks</li> </ul>  |