

# Respect Day 1 • Introduction

**RAK Definition:** Respect is treating people, places, and things with kindness.

This week we begin with our first kindness concept: Respect. We will be discussing what respect is, how we demonstrate it, and how we can maintain respect for ourselves and others even in challenging situations.

## Weekly Objectives

Students will:

1. Create a personalized definition of respect both on an individual and interpersonal level.
2. Examine their community through a lens of respect.

## Resources / Materials

- WEBSITE:** [All About Respect](#)
- VIDEO:** [The Illusion of Rudeness - The Myth of Respect](#)
- ARTICLE:** "[An Opinion on Respecting Opinions](#)"
- ARTICLE:** [Stay Right When You're Wronged](#)

## Reflect / Assess

**Deliverables:**

- Daily Participation points
- Respect Journal Entry:** How can you both honor your opinion and someone else's at the same time?

## Share

**Discussion Starters:**

- What does respect mean to you?
- How does the school as a whole communicate messages of respect, to teachers, to students, and to the local community?
- Review the RAK definition of Respect.



## Inspire

Watch the following video about responding: [The Illusion of Rudeness - The Myth of Respect](#) - 8:03 [comprehension level: easy/moderate]



**Connection Questions for Video:**

- What was the main idea that you took away from this video and why?
- Do you tend to see people as rude if they ignore a good deed that you did for them? Explain.
- Why do we tend to expect a reward for doing the right thing?
- What do you think would happen if we simply showed kindness and respect without expecting anything in return?

## Empower

Read either as a large group, in small groups, in partners, or individually, the following student article: "[An Opinion on Respecting Opinions](#)"



**Discuss:**

- Why is it important to respect others' opinions?
- How can you both honor your opinion and someone else's at the same time?
- How can you both respect others and stand up against what you feel is unjust, unfair, or wrong? See: [Stay Right When You're Wronged](#).